



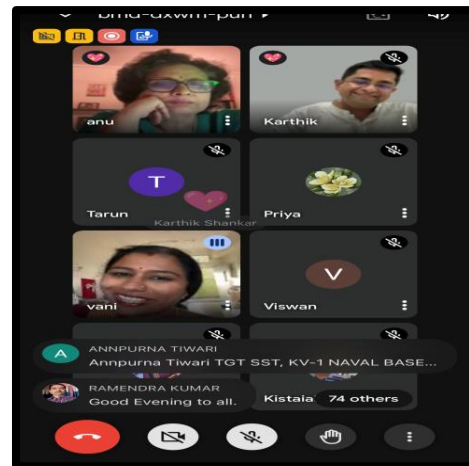
JKPS

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Report on Foundation of Citizen Program (FCP) Trained Facilitators

A virtual workshop on "**Exploration with Facilitation Processes**" was conducted on November 19, 2024, facilitated by Ms. Anu Balram. The session aimed to empower educators with strategies to foster trust and understanding among children, set clear goals, and guide students toward achieving their potential. The workshop emphasized the importance of creating an environment that motivates learners and helps them take ownership of their learning.

The session began with a discussion on the significance of setting clear, achievable goals to inspire students. Ms. Balram shared techniques to align goals with the interests and aspirations of learners, highlighting how these strategies help children realize both big and small achievements. Participants were introduced to facilitation processes designed to promote collaboration, trust, and effective communication, enabling them to guide students in self-reflection and decision-making.



Another key focus of the workshop was addressing mental health challenges faced by children. Ms. Balram discussed practical methods to help students cope with fears and anxieties, emphasizing the importance of fostering resilience and supporting their emotional well-being. The session also included insights into creating a safe and supportive learning environment that brings out the best in every child, while providing tools to identify and address individual challenges.

By the end of the workshop, participants had gained an understanding of how to set meaningful goals to create a motivating learning atmosphere. They also learned practical strategies to support children's mental health, build trust, and foster resilience. The workshop was an enriching experience, equipping educators with valuable skills to deal effectively with students and enhance their overall learning environment.

Ms. Anu Balram's expertise and engaging delivery made the session both insightful and practical, leaving participants with tools to implement these strategies effectively in their classrooms.